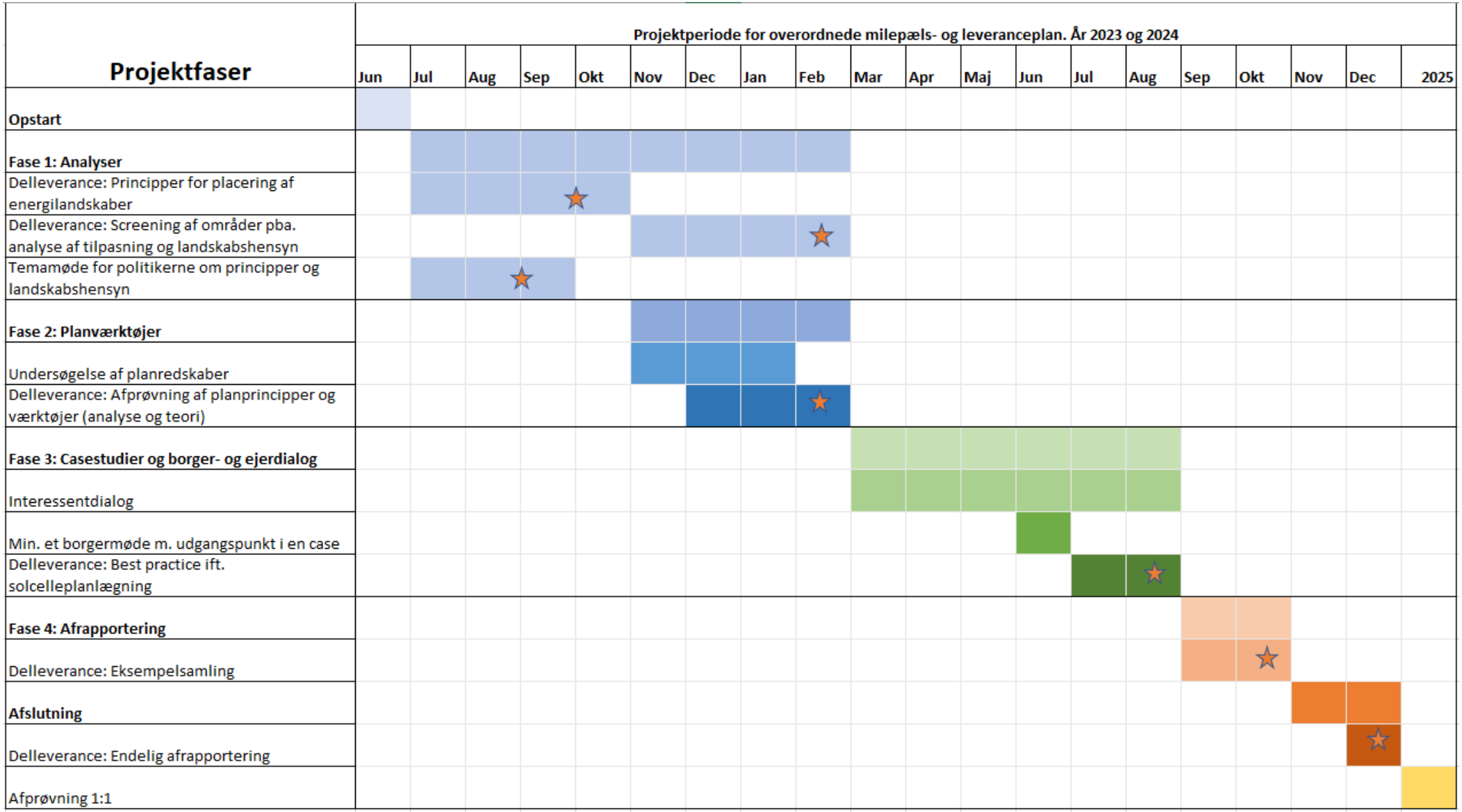Milepælsplan for projekt ’God energi i Frederikssund – en trædesten til udvikling’